

Sardinia West coast Trip



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Cycling holiday Sardinia West coast - Self guided cycling Trip
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Cycling holiday Sardinia West coast on E bike or Trekking bike

Cycle Sardinia and experience all the beauties of this wonderful island. Sardinia is the second largest Mediterranean island and has a lot to offer. This cycling trip Sardinia West coast allows you to visit the beautiful Sardinia West coast. Visit sights like the Phoenician ruins of Tharros, Christian church of San Giovanni and Piscinas with sand dunes over 50m high.

Your start is in Alghero on your first bike day you'll cycle the Capo Caccia loop. With its beautiful vineyards and olive groves. Cycle above the cliffs overlooking the sea with a view of the gulf of Alghero. On your 5th day you have a rest day. On this day you have a short trip where you can visit the ruins of Tharros. After a transfer to Arborea you cycle the best spots of Costa Verde and the Piscinas beach with its sand dunes over 50m high. The next day you visit the mines of Sulcis, the golden beach of Portixeddu and looming mass of Pan di Zucchero cliff. From here you go to Carloforte on the ferry. One of your last cycle days you pedal through the meadows of Sant'Antico. Your last stop of this trip is the Costa del Sud with its gleaming white beaches.

Explore the unspoilt coast of South West Sardinia with pristine empty beaches and great scenery.

This beautiful Self-guided cycling Trip Sardinia West coast brings you off the beaten track! Immerse the unspoiled coastline of western Sardinia on two wheels. Starting from Alghero, the nicest town in the island, you will have the chance to experience West Sardinia on its best. Peddle along the turquoise sea, and discover hidden white sandy beaches and majestic cliffs.

Immerse yourself in a great cycle Trip and cycle the West coast of Sardinia

- Cape Malfatano with its 16th Century tower Cape Spartivento and Chia
- Visit the Pisan sanctuary, one of the most important monuments of the Sardinian Romanesque period
- Costa del Sud with its gleaming white beaches
- The golden beach of Portixeddu and looming mass of Pan di Zucchero cliff
- The Piscinas beach with its sand dunes over 50m high
- Visit the fascinating Phoenician ruins of Tharros
- Cycle Alghero which takes you through countryside covered with vineyards and olive groves

Itinerary

Day 1

Check in

Check in around 14.00 at your hotel in Alghero. There will be a briefing and bike fitting for this Sardinia West coast self guided cycling trip. Overnight in Alghero.

Day 2

Capo Caccia loop 57 km

Stroll along the narrow streets of Alghero, the splendid Aragonese (Spanish) city on the Coral Riviera, where locals still speak the ancient Catalan dialect. Ride to Capo Caccia, an imposing 168 m high rocky outcrop and explore the Nettuno caves, accessible from the escala del cabirol, a demanding 656 step long staircase carved in the cliff. Don't miss on the way the prehistoric bastion of Nuraghe Palmavera and the beautiful beaches of Le Bombarde and Lazzaretto. The route back to Alghero takes you through countryside covered with vineyards and olive groves, producing world renowned oil and wines. Overnight in Alghero.

Day 3

Alghero to Bosa 50 km

From Alghero, bike along a scenic road above the cliffs overlooking the sea and admire the view of the gulf of Alghero and Capo Caccia. Emotions continue as you catch a glimpse of the pink, red and grey cliffs of Cape Marargiu, over which the last examples of griffin vultures circle. You sleep at Bosa, a medieval town famous for its fine embroidery and gold filigree works. Overnight in Bosa.

Day 4

Bosa to Santulussurgiu 54 km

Enjoy the morning in Bosa or at the beach, then cycle inland and travel through Flussio and Tinnura, where, as in days gone by, the women still weave their wicker baskets. A scenic road takes you through the village of Sagama and then to the refreshing spring of San Leonardo, a perfect place to restore forces. End your stage with a quiet picturesque country lane leading to the village of Santulussurgiu, famous for the best horse saddles in Sardinia. Overnight in Santulussurgiu.

Day 5

Santulussurgiu to Cabras 57 km

Today the bike route takes you back to the sea with a panoramic descent towards the flat coastal plains of the Sinis wetlands. Cycle past the colonies of the pink flamingos and finally reach one of the most beautiful spots on the island: the white quartz beach of Is Arutas. A charming countryside hotel is your final stop for tonight. Overnight in Cabras.

Day 6

The Sinis Peninsula (68 km)

A short trip down the peninsula brings you to San Giovanni Sinis, where you may see locals fishing for mullet or bass from traditional grass fassone boats. Visit the fascinating Phoenician ruins of Tharros with a history of inhabitation stretching back over 2,500 years and the early Christian church of San Giovanni. Relax at the beach and sample a glass of vernaccia, the local dry white wine. Overnight in Cabras / San Salvatore Sinis

Day 7

Costa Verde and dunes of Piscinas 46/54 km

After a transfer to Arborea, you will cycle through the natural beauty spots of the Costa Verde, some of the most savage scenery on the island, to the Piscinas beach with its sands dunes over 50 m high - the highest in Europe. Overnight in Arbus.

Day 8

Arbus to Gonnese 41 km

This leg takes you back into the ancient mining past of Sardinia, as we pass the fascinating abandoned mines of Ingortosu and Planusartu. After the golden beach of Portixeddu and looming mass of Pan di Zuccheru cliff, you admire the old ore washery at Nebida: nestling in the varied colours of the Mediterranean bush, it looks out over the sea at the end of a long descent down 540 steps. Overnight in Gonnese

Day 9

The island of Carloforte 43 km

After a beautiful descent to Fontanamare, you will reach Portoscuso, and board on the ferry to Carloforte, where locals still fish the Red Tuna fish. From Carloforte, continue to the island of Sant'Antioco and end your day in Calasetta. Overnight in Calasetta.

Day 10

Calasetta to Sant'Anna Arresi 40 km

Today, you pedal due to the meadows, green in springtime and golden yellow in the summer, of Sant'Antioco. At Tratalias, visit the Pisan sanctuary, one of the most important monuments of the Sardinian Romanesque period. Cycling along the lake Monte Pranu, savour the quiet peace of the rolling plains of Sulcis. Overnight in Sant Anna Arresi.

Day 11

Sant'Anna Arresi to Pula 57 km

Final catwalk of your bike tour is the beautiful Costa del Sud with its gleaming white beaches, unspoilt natural landscape and imposing cliffs: Cape Malfatano with its 16th Century tower Cape Spartivento and Chia. At Nora you will visit the ancient Phoenician settlement. Overnight Pula.

Day 12

Departure day

Time to say goodbye..., a good flight back home or else a pleasant stay in Sardinia. Transfers to the Airport of Alghero On request - according to the time of your flight!

Airport

- The airport of Alghero is used by Ryanair a budget company and is also called Fertilia Airport. Alghero is only 12 kilometres south of the airport and there are regular bus fares between Alghero centre and Fertilia Airport.
- The Airport of Olbia is also used by budget airlines except Ryanair. Every 15 minutes there are buses running to Olbia centre. Take Bus 2 & 10 (except on Sundays) to Olbia.
- Sardinian most important airport is Cagliari Elmas Airport (Mario Mamei). It handles over a 2.5 million passengers per year. The airport is only 6 kilometres to Cagliari city Centre. Buses leave frequently to downtown. It takes only 15 minutes to Piazza Matteotti.

Ferry boats

- The most important ports of Sardinia are in Olbia, Porto Torres and Cagliari. All ports in Italy have connection to the Sardinian Island.

Booking Information

Add your start date

- All prices are based on double rooms
- Price € 1190
- Non Saturday start supplement: € 60
- High season supplement: € 250 (from 23.06 to 06.09)
- For bookings and inquiries contact us info@cycleclassictours.com

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. Once we receive your request we contact our local tour operator if the tour is available.
3. When the tour operator confirms to us. We confirm to you and send you over to our tour

operator

4. We tend and try to send all over within 48 hours.
5. You will receive an invoice, the tour program and the terms and conditions of the tour operator.
6. Please do not make travel plans until you receive our confirmation.
7. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information has been researched and supplied by third parties.
8. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

- 11 Nights in 3 star hotels and Agriturismo with en suite bathroom and Breakfasts
- Bike Tour presentation (welcome meeting/call)
- Transfer from San Salvatore Sinis to Arborea at the beginning of day 6
- Transfer at the end of day 6 (optional)
- Baggage transportation from hotel to hotel
- Supply of road notes and maps
- Telephone assistance

Not Included

- Lunches
- Dinners

- Local Taxes (approx. 10 €)
- Admission to museums and archaeological sites
- Tickets for ferries to Carloforte and Calasetta
- High season supplement €250 (from 23.06 to 06.09)
- Single room supplement €200 (€ 450 in case of a person travelling alone)
- Non Saturday start supplement €60
- Trekking Bike rental €150 (€ 15 each additional day)
- E bike €300 (€ 25 each additional day)

Transfer rates per person (min. 2 persons; any additional pax: -50%)

- Alghero airport - hotel: €20
- Olbia - Alghero: €90
- Pula - Cagliari: €40