

Road bike Trip Catalonia



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Self guided road bike Trip Catalonia - Tour of Empordà.

From March 1 until October 30

For guided options from 4 persons or more send us an email.

Only need a bike for Girona? Check: [BIKE RENTALS GIRONA](#)

Only need a bike for Catalonia? Check: [Bike rentals Costa Brava-Barcelona](#)



Self guided road bike Trip Catalonia

This great bike trip starts and finish in the magnificent city of Girona. Cycle one of the most beautiful landscapes of Catalonia: the Empordà region. You'll have a fantastic view of the Empordà region, Girona and the Costa Brava on the coast. See an amazing variety of landscapes with medieval and fishing villages along the whole route. The plain of the Empordà: in the countryside of the Costa Brava a huge area called the Empordà host a big agricultural region, with apple, peach trees, many vineyards and olive yards.

Cycle through the backyards of the Costa Brava. Ride the rolling hills and valleys of Catalonia. The two unique regions (Costa Brava and Catalonia) have a fantastic warm and sunny climate. This world famous cycling terrain is the home base for many professional cyclists and sometimes you'll meet them during a random trainings ride on the Pyrenees foothills. You'll cycle mountains terrain and peddle through typical Catalanian villages. Combine the qualities of Spain with physical action. Taste the local made cava wines as you cycle right through the middle of this world famous cava-wine region. Enjoy breath taking landscapes whilst riding on perfectly paved and quite countryside roads. This cycling holiday in Spain is an of the beaten track! So jump on your bicycle and ride the two regions Costa Brava and Catalonia.

Cycle in Catalonia and see also these highlights

- Discover the inland country side of Llémena Valley with his big ancient farms
- Girona with its Cathedral boasts one of the largest stone vaulted spaces in Gothic architecture
- Climb the mountain of Sant Grau and the Sanctuary of Els Àngels
- Visit some famous medieval villages in the Costa Brava
- Discover the amazing Cape (Cap de Creus), where you can see the Pyrenees across the Natural Park.
- Cycle quietly towards the beaches in Empúries and l'Escala.

Itinerary

Day 1

Check in

Check in around 14.00 at your hotel in Girona. In Girona there is plenty to see and do. The city is famous for having one of the best preserved Jewish old towns in the world, the Cathedral boasts one of the largest stone vaulted spaces in Gothic architecture and the walk along the cities ancient walls is a recommended highlight. Airport transfers (on request).

Day 2

Loop ride Girona 65 km - 668m

Delivery of the GPS and necessary documentation at the office in Girona. Bike fitting if bikes are rented. The first day you'll discover the inland country side of Llémena Valley with his big ancient farms. After surrounding the small volcano of Adri, you continue crossing some humid and wooded areas. From here you cycle all the way back to Girona were you started today. Climbing 668 meters

Day 3

Girona to Sant Feliu de Guixols 58 km - 672m

You start south through a plane until Llagostera. From there you start the climb of Sant Grau (465m). After passing the Col you'll enjoy a great descent with fantastic views over the Mediterranean sea. This coastal road has been used for Tour de France in 2009. Your finish is at the beach of Sant Pol, just beside the Sant Feliu main beach. Climbing 672 meters

Day 4

Sant Feliu de Guixols to Torroella de Montgrí 61 km

Starting from Sant Pol, you'll cross Platja d'Aro, Calonge and Palamós, 3 touristic villages in front of the sea. Also in the coast you'll reach Calella, a cute fisherman village with his houses right in front of the beach. Callella is considered one of the best villages of the Costa Brava. Starting from Calella you cycle a short but really step climb to the light house of Sant Sebastià (climb 2 km 150m+). After that you climb to Begur and reach the gulf of Pals with his long sandy beach. From there you ride inland to Pals a famous medieval village. Really worth to spend a while walking on its narrow streets. After crossing some more medieval villages you reach Torroella de Montgrí, just under its castle on the top of the mountain. Climbing 483 meters

Day 5

Torroella de Montgrí - Castelló d'Empúries 52 km - 190m

Today is an easy ride. This stage enables riders to cycle quietly towards the plain the beaches in Empúries and l'Escala. In Empúries you should take the time to visit the archeological site Empúries with Greek and Roman ruins dating from 600BC, the gateway of the classic cultures to the Iberian Peninsular. The route finish in Castelló d'Empúries with a stunning cathedral that shows how powerful was the village in the ancient time. 190 meters

Day 6

Castelló d'Empúries - Figueres 69 km - 1052m

From there we will cross a small wetland with an ornithological reserve, then the ride climbs the mountain pass of the Perafita one. Optional ride (11km) reach Cadaqués, where famous artist Dalí use to live and coming back climbing again Perafita col. From there you start descending to the flat until reaching Port de la Selva. From there, another climb brings us up to the abbey of Sant Pere de Rodes and later we descent to Figueres where we will overnight. Really worth to visit the Dalí Museum, with it's surrealist paintings. You can do the 69Km 1052m+ or the 80km 1300m

Day 7

Figueres - Girona 65 km - 627m

Today you'll ride on quite back roads through the undulated inland combining pines forest and agriculture areas, with many cozy villages. Finally you'll climb up to the Sanctuary of Els Àngels. The route ends in Girona. Here you can have dinner at one of the good restaurants downtown. Climbing 627 meters

Day 8

Departure

Departure day.....Time to say goodbye. We wish you a good flight back home or else a pleasant stay in Spain. Airport transfers on request.

Airport

- Girona has it's own airport, the city is very easy to travel to/from all places in the world. Most major airports in Europe offer direct flights to Girona. Transavia and Ryanair use the airport of Girona as a transit station to the famous coasts of Spain. In case of no direct flight, Barcelona is a great alternative.
- The most important gateway to/from Barcelona is the international airport 'L' Aeroport del Prat'. With over more than 25 million passengers per year, Barcelona airport has the second biggest airport in Spain after Madrid.

Trains

- Every hour trains leave from Barcelona to Girona airport and the old town of Girona. From the train station, it's just a short walk to the old town. The train station also offers you a highspeed connection to Paris, Lyons and Marseille. Cities like Zaragoza and Milan are easy to travell to from Girona as well.

Add your start date

- All prices are based on double rooms
- For bookings & inquiries info@cycleclassictours.com.
- Standard Accommodation in farmhouses, 2* and 3* Hotels.
- Premium Accommodation in farmhouses, 3*, 4* and 5* Hotels.

Extra Information

Low season Prices Mar 15 to Apr 14 & Oct 1 to 27

- Double room standard per person € 690
- Double room premium per person €840
- Single standard €166
- Single premium €222
- Alone traveler supplement € 110.00
- Half board 6 dinners €220

Mid season Prices Apr 15 to June 16 and Sep 1 to 30

- Double room standard per person € 705
- Double room premium per person €900
- Single standard €172
- Single premium € 248
- Alone traveler supplement € 110.00
- Half board 6 dinners € 220

Prices June 17 - Aug 31

- Double room standard per person € 740
- Double room premium per person € 1050
- Single standard €196
- Single premium € 301
- Alone traveler supplement € 110.00
- Half board 6 dinners € 220

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. Once we receive your request we contact our local tour operator if the tour is available.
3. When the tour operator confirms to us. We confirm to you and send you over to our tour operator
4. We tend and try to send all over within 48 hours.
5. You will receive an invoice, the tour program and the terms and conditions of the tour operator.
6. Please do not make travel plans until you receive our confirmation.
7. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information has been researched and supplied

by third parties.

8. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

- Standard Accommodation in farmhouses, 2* and 3* Hotels
- Premium Accommodation in farmhouses, 3*, 4* and 5* Hotels
- Daily continental breakfast
- 7 nights accommodation in double room with B&B.
- Luggage transfer from one lodge to another.
- Gps with tracks and maps.
- Touristic information of the area
- Bike delivery in Girona
- Assistance during the trip

Not Included

- Airfares & Taxis
- Carbon road bike € 140
- Carbon road bike + disc brake € 175

