

## Barcelona to Girona cycle Trip



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**Self guided cycling Trip Barcelona to Girona. From March 1 until October 1**  
**For guided options from 4 persons or more send us an email.**

Only need a bike for Barcelona? Check: [BIKE RENTALS BARCELONA](#) Only need a bike for Girona? Check: [BIKE RENTALS GIRONA](#)





## Self guided cycling Trip Barcelona to Girona on road bike

Cycle from Barcelona to Girona along the Mediterranean coast. The Costa Brava region has a fantastic warm and sunny climate all the year. From the world famous city of Barcelona you can navigate along the beautiful Costa Brava coastline to medieval cities like Figueres and Girona. You'll stay in the coastal villages of Tossa de Mar and Cadaqués. Ride the rolling hills and valleys of Catalonia in the backyards of the Costa Brava. Your start will be in Barcelona from here your cycle trip starts with the Mediterranean Sea constantly on your right hand side. You'll have overnights in the fisherman villages of Tossa de Mar and Cadaqués.

After magnificent coastal sceneries there has to be done some climbing. You head inland to Figueres, the city of Salvador Dali. In this ancient town you can find the Theatre-Museum of one of the greatest artist in the world, Salvador Dali. This prominent surrealist who was born in Figueres on May 11,1904. Finally on your last cycling day you'll cycle to the old city of Girona miles away from the crowded beaches of the Costa Brava. This tour has been specially designed with you, the passionate road cyclist in mind! Enjoy fitness with the qualities of life in the Costa Brava. Immerse your cycling holiday in Europe and cycle along the Spanish coast.

## Cycle the Spanish North coast and the backyards of the Costa Brava

- Cycle the Mediterranean Sea
- Wander through the old medieval towns of Girona and Figueres
- Salvador Dali's Theatre Museum in Figueres
- The Iberian town of Ullastret with its old urban settlement
- Fisherman villages Tossa de Mar and Cadaqués
- Visit beach towns like Lloret de Mar, Sant Pol and Pineda

## Itinerary

### Day 1

Barcelona to Tossa de Mar 87 km

The ride starts along the coast. The first segment of the route will take you through the Barcelona coast road along beach towns like Vilassar de Mar, Sant Pol, Pineda, Lloret de Mar and arriving to the picturesque town of Tossa de Mar. The route is a flat road with a few light and short rolling hills. Tossa de Mar is located on the coast of Girona, halfway between

Barcelona and the French border. It is an ancient fishing village with great historical background that has grown over half a century to become an iconic tourist destination in the Costa Brava.

## Day 2

Tossa de Mar to Torroella de Montgri 68 km

You will leave the Mediterranean behind to discover one of the most beautiful Villages in Catalonia. This is the medieval village of Peratallada. This lovely village carved on stone is a “must stop and visit” along your route. No less impressive is Ullastret, the largest Iberian town in Catalonia, located in the quiet and gentle landscape of the Empordà. The city was born in the 6th century BC and was defended by a magnificent wall which still exists. It will take you back to a distant past, about 2,500 years, before the arrival of the Romans.

## Day 3

Torroella de Montgri to Cadaqués 70 km

This is mostly a flat stage passing through St. Pere Pescador and Castelló d’Empuries. Do not miss the natural reserve of “Aiguamolls” formed by a group of ponds, enclosures and prairies that are flooded by the confluence of the Muga and Fluvià rivers. It is a privileged habitat for the local fauna, especially for aquatic birds. The day’s climb and descent will lead you to the fishing village of Cadaqués.

## Day 4

Cadaqués to Figueres 45 km

The day starts with a climb and descent to Port de la Selva, with the constant view of the Mediterranean. You will pass through the village of Llançà and the must stop town of Peralada. In the 9th century, Peralada became one of the main capitals of Empordà throughout the Medieval Age. There are still many buildings and monuments left from the period which make the delights of the visitors who discover the secrets of this millennial village. The end of the stage will be in Figueres.

## Day 5

Figueres to Girona 68 km

This is a rolling hills stage. In your way to Girona you will pass by Banyoles, a natural lake located in a tectonic depression that is the largest natural lake of Catalonia. Girona has all the charm of a large city but without the crowds. The old town exceptionally well conserved with its “Carolingian wall” and the Cathedral’s Gothic nave, the widest in the world.

## Day 6

Departure day

Departure day.....Time to say goodbye, a good flight back home or else a pleasant stay in Spain.

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Transfers to the Airport on request.

## Airport

- The most important gateway to/from Barcelona is the international airport 'L' Aeroport del Prat'. There are many regular flights to/ from Europe.
- The second airport in Catalonia is Girona airport. Girona airport "Costa Brava" is a very important hub to the Pyrenees and the nearby tourist destinations like Malgrat de Mar, Blanes, Lloret de Mar & Rosas. Girona airport is situated approximately 100 km away from Barcelona. The airport doesn't have a railway station. First you take the bus to Girona and from here trains running every half hour to Barcelona.
- The third airport is Reus Airport and it is located 100 kilometres south from Barcelona, nearby the city of Tarragona. This small airport handles only low cost companies. The bus ride is only 14 km away to Tarragona's city centre.

## Trains

- From airport 'L' Aeroport del Prat'. Every half hour trains leave to the main stations in Barcelona. Take the RENFE train line that leads you to Plaza Catalunya, Arco de Triomf or Clot-Arago. Mostly the stations have connections to other metro stations.
- From Reus airport you can take the train to Barcelona.

## Booking Information

### *Add your start date*

- All prices are based on double rooms
- For bookings & inquiries [info@cycleclassictours.com](mailto:info@cycleclassictours.com)

## Extra Information

### Prices Mar-Apr-Oct

- Double room per person € 540

### Prices May and Jun

- Double room per person € 570

### Prices Jul-Aug-Sep

- Double room per person € 610

## Conditions

1. Fill out and submit the online booking request or send an email to [info@cycleclassictours.com](mailto:info@cycleclassictours.com)
2. We tend and try to send all over within 48 hours.
3. Please do not make travel plans until you receive our confirmation.
4. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information have been researched and supplied by third parties.
5. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

## **Included**

- 5 nights accommodations including breakfast
- Welcome orientation in our shop in Barcelona
- 1GPS per couple with the daily preloaded route
- Maps and cue sheets to help you follow the tour
- Daily telephone assistance
- TBT Souvenir
- All Taxes

## **Not Included**

- Lunches
- Dinners
- Single Supplement € 185

- OPTIONAL extras per person
- 6 days Road Bike Rental - Canyon Aluminum frame + Shimano 105 138 €/person
- 6 days Road Bike Rental - Canyon Carbon frame + Shimano 105 156 €/person
- 6 days Road Bike Rental - Canyon Carbon frame + Shimano Ultegra 180 €/person
- Luggage transfer from Hotel to Hotel - includes Private transfer from Girona to Barcelona 543 €/group
- Private transfer from Girona to Barcelona ( including bikes) 176 €/group