

### **Triathlon Hotel Los Olivos**



Triathlon Hotel Los Olivos is located in Alcalá la Real. It is a municipality in the Spanish province of Jaén in the beautiful region of Andalusia.

The idea of a place where cyclists, triathletes and runners could find great routes for training in any month of the year made us choose this part of Andalusia in Southern Spain.

With an endless network of roads and trails, Mediterranean weather, clean air and guaranteed sunshine, we believe it doesn't get any better than this. We converted an old farmhouse (cortijo) into a modern and sustainable home retaining the old cortijo charm. We are located just 6 km outside the town of Alcala La Real in the Province of Jaen among olive and cherry farms.

Only need a bike for Granada or Sevilla ? Check our CCT bike outlets - ANDALUCIA - COSTA DEL SOL BIKE RENTAL OUTLETS







## Road Cycling and Triathlon experience in Andalusia!

Cycling and running starts right outside the property. A road in perfect condition beckons you to get on your road bike and go. Runners and mountain bikers also start right here. Within just a few meters you'll find yourself on tracks to take you through olive and cherry fields with enough gradient to challenge any one.

## Triathlon Hotel Los Olivos in Alcalá la Real for the real sports fanatics!

We are situated in one of the best cycling areas of Andalusia. It's a wonderful countryside with a fantastic network. A fantastic network of interconnected countryside roads allow you to have a different ride just about every day. These routes will take you over passes (puertos de montaña) that will challenge and improve your level of fitness. They'll leave you with unforgettable memories of great cycling. You could create your own routes or we can provide you with planned routes with different options to enjoy a day out cycling.

### **Happy Cycling!**

Team Cycle Classic Tours and the staff of Triathlon Hotel Los Olivos!

#### **Facilities**

Bike Rental

Bed&Breakfast

Breakfast, Lunch, Dinner

Road Cycling Tours

Self-Guided Tours

**Triathlon Training** 

Secure Bike Storage

Airport transfers



# **Great Training Routes**

Free	Internet
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Wine and Beer

**Endless Swimming Pool** 

Open Water Lake

**Challenging Climbs** 

**Medical Treatment** 

Sports Massage

Support Data GPS

All Year Training

Rider Support

Water & Soft Drinks

Wine & Beer

BED & BREAKFAST LOS OLIVOS - FACILITIES FOR ALL KIND OF ROAD CYCLING AND TRIATHLON!





### ROAD CYCLING TOURS AND TRAININGS IN ANDALUSIA

Road cycling tours If you want a different cycling experience in Spain, here it is. From easy to difficult, join our organized tours guaranteed to satisfy cyclists of all levels. From Euro 598 per rider

Tour Montefrio 6-Day Summer Road
 8 August 2020

Tour Montefrio 6-Day Summer Road Tour in Andalucia. Euro 598/Rider Book now for

Tour Alcala la Real 7 Day Road Tour in Andalucia. Euro 800/Rider. Book now for 12 September 2020

- Tour Los Olivos 8-Day Summer Road Tour in Andalucia. Euro 980/Rider. Book now for 9 May 2020
- Tour Sierra Nevada 8-Day Summer Road Tour in Andalucia. Euro 980/Rider. Book now for 20 June 2020

### **Triathlon Training**

- The Triathlon Training wil be hosted by Janice & Julio. Janice and Julio have competed
  in several Ironman half and full distance races coming first in their respective age groups
  in Singapore, South Africa and Dubai. Julio made it to the World Championships in Kona
  in 2012 finishing 10th in his AG. Living in Andalusia now, they compete in local as well
  as national and international races including Cross Triathlons and trail runs.
- Road or cross, we invite triathletes to Spain to experience different terrain conditions in their training. You can use your own program or let us suggest rides and runs that can meet your objectives
- Daily cost is Euro 86/person
- This covers your accommodation (2 sharing), breakfast, lunch and dinner, training support, transportation to our open water training lake, analysis of your training and trips to the center of town to visit the Museum and La Mota Fort.

#### Running

- The running trainings are also supervised by Janice & Julio
- Great weather, quiet roads, trails and hills is what we offer. These conditions give you the opportunity to increase your level of fitness and improve your technique
- You can choose to run solo or with our organized running groups not fewer than 4 runners



 We can meet runners at Malaga airport and transport them with their luggage to our base camp Los Olivos CTTC in Alcala la Real for Euro 165 per trip

### **NUMEROUS FACILITIES**

Purchased in 2007, the House was an old cortijo (Andalusian farmhouse) overlooking a valley and in need of updating. It sits on a 5,000 m2 plot all fenced in and with easy access to the main road. It is now converted into a beautiful guest house meeting modern standards of sustainability and comfort.

- There are four beautifully decorated rooms
- Two rooms with double beds and two with single beds
- Each room has its own en-suite bathroom
- The rooms are all accessed from the quaint whitewashed courtyard
- You have individual access to your room using your own key
- Guests have access to the downstairs living and dining rooms of the main house
- Also acces to all the outside areas which include many places to sit in quiet contemplation, read and relax
- Afternoon tea will be available every day between 3:30pm and 4:30pm
- Drinking water is available in the main house and is free to all guests
- Bottled water, soft drinks, wine and beer are available in the fridge located in the garage at the listed prices

### **Hotel Information**

Los Olivos B & B Cycling & Training Camp Alcalá la Real, Jaén, Spain T: +34 681 642 684 E: train@losolivoscttc.info

