Guided Road Cycling Tour Douro

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Guided Road Cycling Tour Douro for groups only from 3-4 persons or more. 7 days – 6 nights
The best cycling period is from January to June and September to December.
The Alto Douro Wine Region (protected by UNESCO), and its monumental and steep slopes along the Douro River have been sculpted by man.

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The Douro Region, with its breathtaking landscapes and picturesque vineyards, has become a haven for cycling enthusiasts, and this tour has ingeniously tapped into this cycling paradise with its dedicated program. Offering a unique blend of adventure and cultural exploration, this tour in the Douro Region is a cyclist's dream come true. With almost 2 millennia of history, the Alto Doura Wine Region (protected by UNESCO) and its monumental and steep slopes along the Doura River have been sculpted by man, allowing the creation of a singular ecosystem of unique value. The terraced terrain not only preserves soil erosion but also provides for the cultivation of varieties that are unique in the world.

This is one of the most sought-after regions by both national and international cyclists, not only for its noble roads with a huge variety of flat areas by the Doura River and challenging climbs through the surrounding mountains, but also for its temperate climate and breathtaking landscapes, unique in the world.

Cycling through the Douro Region provides riders with an immersive experience, allowing them to traverse the meandering paths that wind through terraced vineyards and alongside the serene Douro River. The carefully curated cycling routes cater to riders of all levels, from beginners to seasoned cyclists, ensuring that everyone can savor the beauty of this UNESCO World Heritage Site.

Whether it's a leisurely ride through the vineyards or a more challenging route for the avid cyclist, this guided tour in the Douro Region provides an eco-friendly and exhilarating way to experience this enchanting corner of Portugal. As cyclists pedal through the Douro Valley, they not only embrace the thrill of the ride but also immerse themselves in the cultural tapestry that makes this region a truly unparalleled destination for cycling enthusiasts.

Highlights and some facts of the tour:

- The Douro Region, with its breathtaking landscapes and picturesque vineyards
- Visit estates and cellars with wine-tasting and live oil-tasting in the Douro region
- This is one of the most sought-after regions by both national and international cyclists
- The carefully curated cycling routes cater to riders of all levels, from beginners to seasoned cyclist
- Moderate/advanced level routes with high physical demands
- The best times to come: are September and May
- Arrival airport: Lisboa or Porto Departure airport: Lisbon or Porto
- Total km planned: 322kms – Total Expected Altitude: +6542M

Itinerary

Day 1

Arrival in Lisbon or Porto

Arrival in Lisbon or Porto Airport, with assistance from our guide, and transfer to the hotel. Check-in at the hotel, briefing, and departure to our test ride. Test Ride is 31.6km / +860m. In the afternoon you can simply enjoy the facilities at your hotel or go for a walk in the area. Dinner and overnight stay.

Day 2

S.J. Da Pesqueira, Sequeira, Numao, Linhares & Tua - 75.7km / +1618

Departure by van to S. Joao da Pesqueira about 21km away (30 minutes). Sao Joao da Pesqueira is a small town at the top of a hill with considerable historical interest. After some coffee and pastries, you'll start our tour. Leading towards Numao, you will get the chance to visit the Castle: the first reference to this Castle dates from 960 and its peculiar wall with 4 entrances and 15 towards are not to be missed. From there, prepare yourself to go downhill with some breathtaking views of the river, vineyards, and beautiful farms. After that, you'll get a rather long climb and pass through some of the best viewpoints on the right bank of the Douro River. You'll end up on the second day riding the Tua. from where you'll take one of the most picturesque trains in Portugal towards Régua. After lunch, you'll have the time to get around the city and visit the Douro Museum, of you prefer, you can go back to the hotel by van. Dinner and overnight stay.

Day 3

S.J. Da Pesqueira, Penedono, Meda, Marialva, Foz Coa & Pocinho - 79km / +1226m

Today's tour you call the Castle Day Tour, where you'll have the opportunity to visit some of the most outstanding castles in the region. Departure by van to S. Joao da Pesqueira and a quick pit stop to get a coffee. After about 25km, you'll start the ride to Penedono, a middle-aged town with a medieval granite Castle with beautiful views of the town. Riding east to Meda for about 20km, you'll pass by this town and castle known as Longriova Castle, a construction that dates from the beginning of the XII century and is classified as a National Monument. Following on 10km more you'll have a short stop at Marialva. The castle and village ruins are certainly one of the favorites of people who visit it. Situated at the top of a granite boulder in a dominant position of the town, this true medieval complex shows the roots of the Beria Alta Region. After a generous climb to Foz Coa, a town with its valley classified as a UNESCO World Heritage Site since 1998, and considered one of the most important open-air Paleolithic rock art sites. Your last kilometers will lead you to a rather steep descent which will take you to Pocinho, where you'll get the chance to get a regional and typical lunch. After lunch, you will drive back to the hotel. Dinner and overnight stay.

Day 4

Peso da Regua

Free day, this is a free day, where we propose to get some rest after the first 3 days of riding, having completed almost 200km, and about 3600m climbing.

Day 5

Pinhao, Alijo,, Favaios, Sabrosa & Pinhao - 83.9km / +2077

This will be our longest climbing day with a round trip starting and ending up at our hotel in Pinhao. This time, you'll ride in the central region of the Douro always on the right bank of Douro River. Passing by some of the most well-known wine producers and farms around Castedo, Alijó, and Favaios. It's a true up-and-down tour, through the most exquisite and "car-free" roads of the region. You'll then have a lunch at the hotel and a free afternoon to recover. Dinner and overnight stay.

Day 6

Pinhao, Regua, Curvaeira, Barro & Peso da Regua - 51.6km / +761

Today is your last riding day where you'll take everything easy. Starting at the hotel in Pinhao, you'll ride to what's considered the most beautiful road in Portugal located in the Doura Valley, running alongside the river. You'll end our with a lunch at one of the most unique Quintas of the Douro: Quinta da Pacheca, where you'll also get the chance to taste what's considered to be one of the best red wines from the Douro Region. Before riding back to your hotel, where you'll celebrate with a dinner together with all the group.

Day 7

Departure day

Breakfast at the hotel, transfer to the airport, assistance by our guide.

Booking Information

Add your start date

- All prices are based on double rooms. All-day departures! For bookings and inquiries contact us at info@cycleclassictours.com

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. We tend and try to send all over within 48 hours.
3. Please do not make travel plans until you receive our confirmation.

4. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information have been researched and supplied by third parties.
5. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

Prices Standard Tour = 2/3 persons €2360 | 4/5 persons €3040 | 6/7 persons €5070

- 6 nights in bed and breakfast in 3*** hotel
- Boat Tour from Pocinho do Pinhao
- Touristic local train from Tua to Regua
- Visit and taste in a winery Quinta da Pacheca
- Support van and local and experienced bike guide during all tours
- Daily bike washing and adjustment
- Snacks, supplementation, and water during the Tours
- Airport transfers and assistance
- Equipment
- Washing machine available (with supplement)

Prices Premium Tour = 2/3 persons €7950 | 4/5 persons €5380 | 6/7 persons €4530

- 6 nights in bed and breakfast in 4**** hotel
- 6 dinners at local restaurants or at the hotel
- 6 lunches at local restaurants during the tours or at the hotel
- Boat Tour from Pocinho do Pinhao
- Touristic local train from Tua to Regua
- Visit and taste in a winery Quinta da Pacheca
- Support van and local and experienced bike guide during all tours
- Daily bike washing and adjustment
- Snacks, supplementation, and water during the tours
- Airport transfers and assistance
- Equipment
- Washing machine available (with supplement)

Not Included

Not included in the Standard Tour:

- Optional services and Tours (price in supplement)
- Entrances not mentioned as included
- Flights
- Porterage service
- Gratuities
- Tips
- Personal expenses
- All other services not mentioned as included

Not included in the Premium Tour:

- Optional services and Tours (price in supplement)
- Entrances not mentioned as included
- Flights
- Porterage service
- Gratuities
- Tips
- Personal expenses
- All other services not mentioned as included