Guided Cycling Tour Serra da Estrela

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Guided Cycling Tour Serra da Estrela for groups only from 3-4 persons or more. 7 days – 6 nights
The best cycling period is from January to June and September to December.

Serra da Estrela is the highest mountain in mainland Portugal, with an altitude of about 2000 meters!
Prices are based on groups of 6 persons or more.

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Enjoy Cycling in the Serra da Estrela

Serra da Estrela Geopark is the highest mountain in mainland Portugal, with an altitude of about 2,000 meters! With a unique biodiversity and breathtaking landscapes, in Serra da Estela, you can enjoy a paradise for adventurous cyclists who seek to discover the secrets and narrow, steep, and silent roads of the mountain. After the most intense climbs in the country, let yourself be carried away by the homemade gastronomy, with artisan cheeses, sausages, and wines of the region. This is an experience not to be missed!

Highlights and some facts of the tour:

- From Manteigas to Belmonte we will take an easy and beautiful road along the Zezere River valley
- Cruise down to Caldeirão Dam and Aldeia Viçosa… the views are amazing, and the car-free roads are full of repeated and endless turns. The
- Taste the local Queijo da Serra, the traditional buttery cheese from the region
- On day 6 cycle the Manteigas Valley (alternatively at the highest peak of Serra da Estrela) and climb up to Torre before a long descent to the unique black schist village of Piodão at Serra do Açor,
- Advanced-level routes with high physical demands
- The best times to come: are September and May
- Arrival airport: Lisboa or Porto Departure airport: Lisbon or Porto
- Average 80-120kms per day
- Total km planned: 333kms – Total Expected Altitude: +7056M

Itinerary

Day 1

Arrival Lisbon or Porto

Arrival at Lisbon Airport (optional Oporto), transfer to the Hotel (308km / 3 hours trip). Check-in at the Hotel, briefing after the check-in. Dinner and overnight.

Day 2

Mantegias round - 72km / +1200m

Breakfast at the hotel. From Manteigas to Belmonte, you will take an easy and beautiful road along the Zezere River Valley for about 15km. From Belmonte, of of the most known towns for its Jewish traditions. You'll climb up through Seixo Amarelo, surrounded by the big granite bolder hills and typical villages in between some breathtaking landscapes. Reaching the top at about +1400m, you'll ride down through an amazing road, full of turns on the varied forest of Famalicao da Serra, with its pine and oak trees along the valley that will lead us back to Zezere River. Lunch in Manteigas. Dinner and overnight.

Day 3

Barragem do Caldeirao to Sao Lourenço - 89km / +1966m

Breakfast at the Hotel. Today, you'll take the van to Aldeias dos Meios, a small village in the north part of Serra da Estrela Geopark. From there, you'll cruise down to Caldeirao Dam and Aldeia Viçosa, the views are amazing, and the car-free roads are full of repeated and endless turns. The challenge starts from this village by the Mondego River and towards Linhares das Beira, a 12th-century medieval village with unequaled architecture and a masterpiece castle. Linhares received its first chapter from the first king of Portugal in 1169, and since then, it has been preserved in all its originality and traditions. Here you'll have your coffee stop. Reaching Folgosinho, another challenging uphill is waiting for you! After you reach the highlands of Serra da Estrela at about +1800m, you'll take one of the coolest and unknown roads to Covao a Ponte. Your riding day will end at Penhas Douradas, a high peak at about +1500m altitude, where you'll have lunch: a correct name of this village is actually Poio Negro, and it was known as a place to cure people from pulmonary illnesses. Casa de Sao Lourenço is a fancy traditional restaurant with breathtaking views towards the glacier Manteigas Valley. For sure an unforgettable experience. Dinner and overnight stay.

Day 4

Manteigas to Manteigas - 72km / +1903m

Today is another climbing day! Breakfast at the Hotel, but what else to do when you're in the mountains? Leaving directly from the hotel, today is the big day, and you'll reach the highest peak of Serra da Estrela at +1993m. Time to taste the local Queijo da Serra, the traditional buttery cheese made in the region! From Sabugueiro, a unique "serrana" village of Serra da Estrela (actually the highest small village in Portugal), the climb to Torre is long. With average gradients of about 10-12%, the views at the top are well worth the effort. This will probably be something you have never experienced before in your life... some people say that it reminds them of the Scottish mountains but more raw, pure, massive and more impressive. The downhill ride back to Manteigas is an unforgettable experience, about 25km of a fast, downhill road within the central massif of the highest Portuguese mountains. Lunch and relaxation time. Dinner and overnight stay.

Day 5

Guarda to Subagal - 54km / +915m

Breakfast at the Hotel, followed by a transfer to Guarda (about 40km / 50 minutes). Today, you'll have a rather short ride, but with a special focus on Guarda, where you'll start riding, and

Sortelha, one of the most amazing and ancient Portuguese villages, that maintained its urban and architectural appearance since the Renaissance period. Guarda is the capital of Beira Alta, and it's known for being the city of the 5 F's: Forte (strong), Fria (cold), Farta (abundant), Fiel (faithful), and Formosa (charming). From the top of Guarda, at about +1000m high, you'll ride down to the flatlands eastwards towards the Spanish border. About 40km later, and just before Sortelha, you'll shortly climb up to visit the village and stop for a coffee at the local bar. Only about 15km, basically downhill, will end the day at Sabugal, a well-known town for its castle that has been the base for British and Portuguese troops during the third French invasion around the year 1800. Here, you have lunch and taste some of the best meals, wine, and products from this region. The way back to the hotel will be done by van. Dinner and overnight stay.

Day 6

Torre to Piodao - 46km / +1072m

Breakfast at the hotel. Today is your last riding day of this great and challenging adventure. Only another 45km are waiting for you! Starting at the top of the glacial Manteigas Valley (alternatively at the highest peak of Serra da Estrela), you'll slowly climb up to Torre before a long descent to the unique black schist village of Piodao at Serra do Açor, in the southern part of Serra da Estrela. Let yourself be enchanted by the protected, majestic, and pure landscapes of this sublime place. At Piodao, you'll have lunch at a local restaurant, before you enjoy a nice walk through the schist village. Transfer by van to the Hotel for about 60km and 1.5 hours. Dinner and overnight stay.

Day 7

Departure

Breakfast at the Hotel. Transfer to Lisbon airport with assistance from your guide.

Booking Information

Add your start date

- All prices are based on double rooms. All-day departures! For bookings and inquiries contact us at info@cycleclassictours.com

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. We tend and try to send all over within 48 hours.
3. Please do not make travel plans until you receive our confirmation.
4. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information have been researched and supplied by third parties.

5. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

Prices Standard Tour 2 persons € 4280 - 4 persons € 2500 - 6 persons € 1900

- 6 nights in bed and breakfast in 3*** hotels
- 1 traditional buttery cheese from the region
- Support van and local and experienced bike guide during the tour
- Daily bike washing and adjustment
- Snacks, supplementation, and water during the tour
- Airport Transfers and assistance
- Gear
- Washing machine available

Included in the Premium Tour:

- 6 nights in bed and breakfast in 4**** hotels
- 6 dinners at local restaurants or at the hotel
- 5 lunches at local restaurants during the tour or at the hotel
- 1 traditional buttery cheese from the region
- Support van and local and experienced bike guide during the tour
- Daily bike washing and adjustment
- Snacks, supplementation, and water during the tour
- Airport Transfers and assistance
- Gear
- Washing machine available

Not Included

Not included in the Standard Tour:

- Optional service and entrances not mentioned as included
- Flights
- Porterage service
- Gratuities
- Tips
- Personal expenses
- All other services not mentioned as included

Not included in the Premium Tour:

- Drinks during the meals
- Optional services and tours
- Entrances not mentioned as included
- Flights
- Porterage service
- Gratuities
- Tips
- Personal expenses
- All other services not mentioned as included