

Gran Fondo Girona 2019



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Guided cycling Trip Gran Fondo Girona 2019. From June 14 -17.

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Guided cycling Trip Gran Fondo Girona 2019 on road bike

About 70 kilometres north of Barcelona, you find Girona. This small Catalan town is famous for its road cycling friendly surroundings; it's not a coincidence a lot of professional road cyclists from all over the world choose Girona as their home base. The most famous inhabitant of Girona used to be Lance Armstrong, but also road cyclists like Tyler Hamilton and David Millar lived in the city for large parts of their careers. At the moment, Girona is for example home for Steven Kruijswijk, Robert Gesink and Daniel Martin. Big chance you'll bump into one of them when you wander the cosy little streets of the old town.

This lively city will always hold something in store to delight you Immerse the old city of Girona in the evening with its large cobblestone streets and steep stairs. Catalunya, Spain, has long been known for the quality of its riding, its labyrinth of twisty medieval streets with hidden restaurants. And now comes the chance to enjoy a Gran Fondo in the greatest cycling city in the world. The regular route of 125km is the GF loop. The die hards go for the full track of

142km including the new Rocacorba climb! So jump on your road bike and cycle the Gran Fondo Girona in Spain.

The Girona Gran Fondo 2019 will be an unforgettable week long cycling experience in Girona

- 3 nights in a four star hotel in Girona
- All Breakfast
- Pasta Party
- The medieval city of Girona
- Racer package and goody bag
- Gran Fondo Girona entry
- Optional Road bike rental € 150
- Wander through Girona and discover the tourist attractions, festivals, restaurants and cultural events

Itinerary

Day 1

Check in

Check in around 14.00 at your hotel in Girona. At the office you can get your bike and there is time to ask for all kind of info in and around Girona.

Day 2

Morning training ride

Today there will be an organized morning trainings ride. In front of the bicycle shop in Girona starts a warm up ride. About 70 kilometres north of Barcelona, you find Girona. This small Catalan town is famous for its road cycling friendly surroundings; it's not a coincidence a lot of professional road cyclists from all over the world choose Girona as their home base. The most famous inhabitant of Girona used to be Lance Armstrong, but also road cyclists like Tyler Hamilton and David Millar lived in the city for large parts of their careers. At the moment, Girona is for example home for Steven Kruijswijk, Robert Gesink and Daniel Martin. Big chance you'll bump into one of them when you wander the cosy little streets of the old town.

Day 3

Gran Fondo Girona 125 km - 142 km

The Girona Gran Fondo is a 125 km circuit through some of the most picturesque parts of Catalunya. Accessible for all levels of road cyclists, the Gran Fondo takes riders along stunning roads to the historic village of Santa Pau and beyond. All riders are sure to enjoy this self-set paced ride! After the success of the last events, the organisation unchanged the route with a breath taking ride through Girona. The die hards go for the full track of 142km including the new

Rocacorba climb!

Day 4

Departure day

Departure day.....Time to say goodbye, a good flight back home or a pleasant stay in Spain.

Medical

Medical Certificate

MEDICAL CERTIFICATE You must have a Medical Sports Certificate which was issued within 6 months of the event, which must be presented at race registration. This should state : 'the data of the athlete the indication of the sport for which it was required the visit to the doctor: CYCLING the statement of the sport doctor that THE ATHLETE , ON THE BASE OF THE MEDICAL CONTROL, DOES NOT HAVE CONTRADICATIONS'

Airport

- The most important gateway to/from Barcelona is the international airport 'L' Aeroport del Prat'. With over more than 25 million passengers per year, Barcelona airport has the second biggest airport in Spain after Madrid. There are many regular flights to/from Europe.
- The second airport in Catalonia is Girona airport. Girona airport "Costa Brava" is a very important hub to the Pyrenees and the nearby tourist destinations like Malgrat de Mar, Blanes, Lloret de Mar and Rosas. Girona airport is situated approximately 100 km away from Barcelona. The airport doesn't have a railway station. First you take the bus to Girona and from here trains running every half hour to Barcelona.

Train

- From Barcelona airport. Every half hour trains leave to the main stations in Barcelona. Take the Renfe train line that leads you to Plaza Catalunya, Arco de Triomf or Clot-Arago. Mostly the stations have connections to other metro stations.

Busses

- Every 15 minutes the Aerobus A1 leaves from Barcelona airport (terminal A & B) to the center of Barcelona. In terminal B you will find other bus lines leaving to many cities nearby Barcelona. From 23.00 to 04.15 you can take the night bus 106 to Barcelona.
- The best option from Girona airport is the bus. The bus ride takes you in one and a half hour to downtown Barcelona. In front of the arrival hall you can find the bus stop. There are three options, you can leave to: Girona, Costa Brava resorts or Barcelona.

Booking Information

Add your start date

- All prices are per person in double room
- For bookings & inquiries info@cycleclassictours.com

Extra Information

1. Fill out and submit the online booking request or send an email to info@cycleclassictours.com
2. Once we receive your request we contact the local tour operator if the tour is available
3. When the tour operator-Hotel confirms to us. We confirm to you and charge you're a deposit fee of € 250 per person plus a € 15 booking fee
4. We tend and try to send all over within 48 hours.
5. You will receive an invoice, the tour program and the terms and conditions of the tour operator.
6. Please do not make travel plans until you receive our confirmation.
7. Your confirmation invoice contains a statement reflecting of your deposit payment and the balance due.
8. The balance payment is due 60 days before the start of the tour.
9. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information has been researched and supplied by third parties.
10. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

Included

- 3 nights in 4* star hotel in Girona
- All Breakfast
- Trainings ride on Saturday
- Gran Fondo Girona inscription
- Pasta Party
- GF Package included Goodie Bag
- Race Number Timed Section (Rocacorba Challenge)
- 4 Feed Zones - Pre-Fondo Party 1 Day Individual Insurance - Finisher's Medal

Not Included

- Airfares & Taxi fares
- Road bike rental € 150
- Insurance
- Drinks & Dinners