

## Costa Blanca training camp 2021



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**Guided cycling Tour Costa Blanca training camp 2021**  
**When March 06 - 13**

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### Guided cycling Tour Costa Blanca training camp 2021

Cycle the backyards of Costa Blanca and get an unforgettable road cycling experience. Jump on your race bike and cycle daily guided rides, well structured daily group rides catering for all abilities. The Costa Blanca region around Albir, Benidorm, Altea and Calpe has a lot to offer. This beautiful part of Spain is a paradise for all keen cyclist. The area has many high mountains and undulating hills. The routes have been designed and are suitable routes for all kinds of cyclist. The sunny climate and all year round warm climate makes Costa Blanca one of the best cycling regions in the world! Flights to the Costa Blanca ( Alicante) are reasonable priced to Alicante.

The weather is much warmer in March than other European destinations, this is the reason why many of the top professional teams use the area for their pre-season training. The roads are of good quality and there is a choice of either coastal, hilly and even mountainous rides, with some roads going to 1200m high.

## **Jump on your bike and cycle the Costa Blanca training camp ride**

- 7 nights in Bike Hotel RH IFach based on half board
- Guided trainingsrides in a friendly atmosphere led by an experience cycling guide
- The Costa Blanca is very popular among cycling enthusiasts
- Access to all the hotel's facilities
- Half-Board accommodation (bed, breakfast and evening meal)
- Daily post-ride recovery buffet with drinks and snacks
- Daily group rides catering for all abilities
- Knowledgeable guides with each group who know the routes

## **Itinerary**

Day 1

Saturday Check in

Check in at Hotel RH I Fach For those who want to have an airport pick up please contact us. Calpe is a beautiful town and your starting point for your upcoming tour. The tour leader will explain the coming activities and itinerary for this Costa Blanca Training camp.

Day 2

Sunday Calpe – Coll de Rates – Calpe – 101km

After a gentle start and lunch at the Velosol Cycling Café, with Coll de Rates, topping out at 632m

Day 3

Monday Calpe – Cabo de la Nao – 100km

Today some shorter, sharper climbs

## Day 4

Tuesday Calpe – Bernia – Jalon – Bernia – Calpe 135km

“Queen Stage” includes the highest point of the week, Port de Tudons, at 1,025m, followed by the Port de Confrides, at 968m

## Day 5

Wednesday Calpe – Benissa – Jalon – Bernia – Calpe – 56km

Today is a midweek recovery ride, with 2 route options available.

## Day 6

Thursday Calpe – ort de Confrides - Calpe 118km

Again there are 2 ride options today. You'll tackle the Port de Confrides, this time from the East, with the choice between the long and short routes coming at the 69km mark.

## Day 7

Friday Calpe – Coll de Rates – Calpe 90km

Your final ride of the week goes up the Southern side of the Coll de Rates, with less constant gradients than the Northern side

## Day 8

Deaprture Day

Departure day.....Time to say goodbye, a good flight back home or else a pleasant stay in Spain. Transfers on request.

## Airport

- Alicante airport also called El Altet, is the main airport for the regions Alicante and Murcia in Spain. From Alicante there are many flights to/from Europe.

## Trains

- Every hour trains leave from Alicante airport to Albir. From the train station, it's just a short walk to Albir. Also from Murcia there leave every hour trains to Albir.

## Booking Information

### **Start date - March 6**

- Price All prices are based on double rooms
- For bookings and inquiries contact us [info@cycleclassictours.com](mailto:info@cycleclassictours.com)

## Extra Information

1. Fill out and submit the online booking request or send an email to [info@cycleclassictours.com](mailto:info@cycleclassictours.com)
2. Once we receive your request we contact the local tour operator if the tour is available.
3. When the tour operator confirms to us. We confirm to you and send you over to the tour operator
4. We tend and try to send all over within 48 hours.
5. You will receive an invoice, the tour program and the terms and conditions of the tour operator.
6. Please do not make travel plans until you receive our confirmation.
7. Please be advised that we make every effort to ensure that all the information given on this site is accurate. All statements and information has been researched and supplied by third parties.
8. The information given is accurate and reliable, to the best of our knowledge. Should errors be found, we will rectify them as quickly as possible. However, we accept no responsibility for errors or inaccuracies.

## Included

### **7 nights in RH IFACH in Calpe 4\*\*\*\***

- The Hotel RH Ifach is located just 150 meters from “The Fossa” Beach, surrounded by Mediterranean waters where you can enjoy the spectacular view of the popular Rock
- Half-Board accommodation (bed, breakfast and evening meal)
- Daily post-ride recovery buffet with drinks and snack
- Access to all of the hotels facilities as detailed above
- Daily group rides catering for all abilities
- Knowledgeable guides with each group who know the routes
- Recovery buffet after training every day
- A bike wash station
- A mechanical station
- Secure bike storage
- Water to take with you on your rides

- Non cyclist € 225 discount
- Cycling jersey

### **Not Included**

- Lunches & drinks
- Airport transfers € 55
- Bike rental € 150 carbon bike
- Single room € 210
- Travel insurance