

## Bike Hire triathlon Europe



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Bike hire triathlon Europe. Let Cycle Classic Tours arrange your road bike for the upcoming triathlons

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The Triathlon is one of the fastest growing sports around the world. Triathlon is a collective name for combined endurance sports also called a 'multisport'. This means that it is a sport that consists of different disciplines. There are all kind of triathlons. The original triathlon consists of 3.8km swimming, 180km cycling and 42.2km running. This is also called the entire triathlon or "Ironman". Over the years there are a lot of shorter variants added.

**Ironman is a brand, this private IRONMAN organization offers 2 kind of events:**

**The traditional Ironman:** 3.8km (2.4 mile) swimming, 180km (112 mile) cycling, 42.2km (26.2 mile) running.

**The shorter Ironman 70.3:** 1.9 km (1.2 mile) swimming, 90km (56 mile) cycling, 21.1km (13.1 mile) running.

**The International Triathlon Union (ITU) offers 3 kinds of events:**

**Sprint distance:** 750m swimming, 20km cycling and 5km running.

**Standard Olympic distance:** 1.5km swimming, 40km cycling, 10km running.

**Long distance:** 4km swimming, 120km cycling, 30km running.



## **We offer bike rentals for the following events**

Please check our online bike hire website here [CCTBIKERENTALS.COM](https://www.cctbikerentals.com) and book your bike online now!

Check all Gran Fondo trips in Europe here: [ALL GRAN FONDO CYCLING TRIPS IN EUROPE](#)

We offer bike rentals for the following events

### **April - May**

- [April 14 Costa Navarino](#)
- [April 28 Marbella](#)
- [May 11 Mallorca](#)
- [May 25 Lanzarote](#)

### **June - July**

- [June Pescara - Abruzzo](#)
- [June 30 Nice](#)
- [July 28 Hamburg](#)

## August - September

- [August Maastricht](#)
- [August 17 Kalmar](#)
- [August 18 Copenhagen](#)
- [August 30 Grand Final Laussane](#)

## September - October

- [September Ruegen](#)
- [September 1 Zell am See](#)
- [September 21 Emilia Romagna](#)
- [October 5 & 6 Barcelona & Calella](#)

For all road cycling holidays in Europe check our main page : [ALL CYCLING TOURS IN EUROPE](#)

It's very important to know your exact frame size.

Roughly we measure by using this table. If you want to be 100% secure, go to a professional cycle shop in your own country, before you book a rental bike or you can contact us and we will recommend your size.

Height in inches	Height in centimeters	Frame size
5.1	155	48
5.2	157.5	48/50
5.3	160	50
5.4	162.5	50
5.5	165	52
5.6	167.5	52/54
5.7	170	54
5.8	172.5	54
5.9	175	56
5.10	177.5	56
5.11	180	56/58
6.0	183	58
6.1	185.5	58
6.2	188	58
6.3	190.5	60

Happy Cycling

Team Cycle Classic Tours

Itinerary

Not Available

**Included**

Not Available

**Not Included**

Not available